

2024

EST. 1973





SAGINAW COUNTY
COMMISSION
ON AGING
ANNUAL
REPORT



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Saginaw County Board of Commissioners Commission on Aging Advisory Board



ABOUT THE DEPARTMENT

WHO WE ARE

A department of the County of Saginaw which provides support services to older adults. We are governed by a Board of Directors comprised of 11 members appointed by the Saginaw County Board of Commissioners.

MISSION

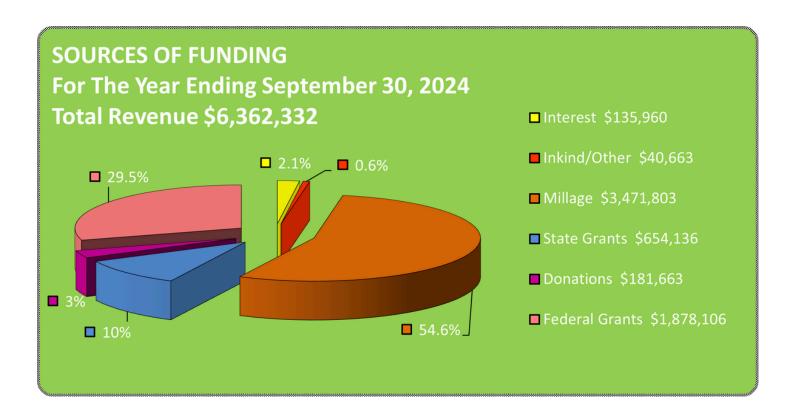
The mission of the Saginaw County Commission on Aging (SCCOA) is to develop and provide a comprehensive array of services, programs, and opportunities to enhance the quality of life for older adults.

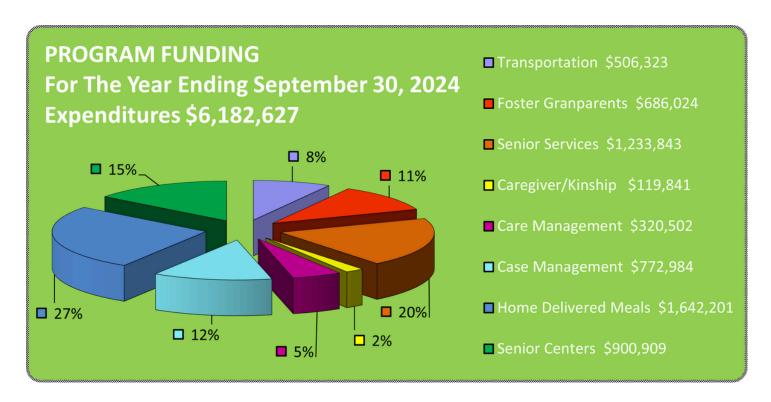
The vision is to be the main source that makes a difference in the lives of Saginaw County older adults and their families.

HOW WE DO IT

We provide nutrition, health/wellness services, transportation, information and referral, volunteer experiences, education, and advocacy services that increase quality of life for older adults. Services are provided throughout Saginaw County to residents who are 60 years of age or better. We are funded by local Millage Property Taxes, Federal and State Grants, and donations.

REVENUE AND EXPENSE REPORTS





The agency is supported by local millage property taxes, federal and state grants, and donations.

*Do not receive any general operating funding from the County.

For FY2024, \$179,705 returned to fund balance.

STAFFING

Programs and services are supported by 24 full time, 27 part time and 20 temporary/on-call dedicated employees.

FULL TIME:

Director

Accountant II

Nutrition Program Manager

Administrative Program Supervisor

Food Service Supervisor

Care Management (CM) Coordinator

CM Registered Nurse

Office Assistant II (2)

Account Specialist I

Food Service Coordinator

Kitchen Assistant (2)

Volunteer/Activities Coordinator

Caseworker (4)

Program Specialist I (dispatch)

Driver II (transportation) (2)

Foster Grandparent Program (FGP)

Coordinator

Program Assistant (FGP) (2)

PART TIME:

Caseworker (4)

Senior Center Specialist (Outreach)

Senior Center Coordinator(s) (6)

Driver I (meals on wheels) (6)

Driver II (transportation) (4)

Custodian

Program Specialist I (nutrition)

Program Assistant (CM)

Kitchen Assistant (3)

ON-CALL/TEMPORARY:

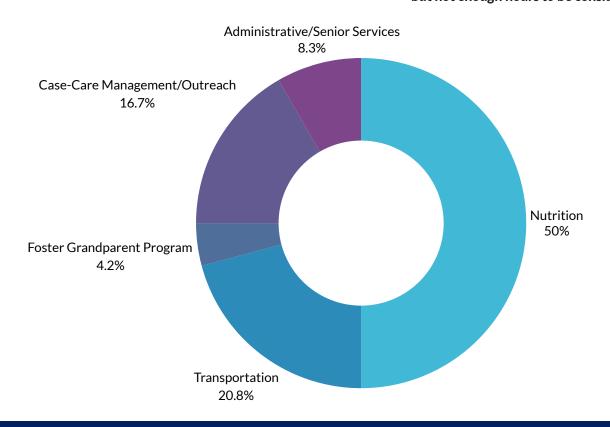
Senior Center Coordinator(s) (7)

Driver I (meals on wheels) (6)

Driver II (transportation) (6)

Program Specialist I (dispatch)

*Note on-call/temporary Driver I positions and Senior Center Coordinators at South Colony, Frankenmuth & Freeland work regular schedules but not enough hours to be considered part-time.



SENIOR MILLAGE RENEWAL AND INCREASE



Voters approved a Millage Renewal and Increase, known as Proposal 24-2, at the August 6, 2024, Primary Election. It is a six-year millage at .69 mill. The increase was necessary to maintain operations and offset increase in cost of providing services. The agency does not receive any general operating revenue from the County. Thank you to our community for Supporting the Senior Citizens Millage!

ARPA FUNDED PROJECTS

American Rescue Plan Act (ARPA) funds from the County of Saginaw supported the Marie E. Davis Senior Center building renovations. The \$1,026,027 construction project was awarded to Spence Brothers, with an estimated completion date of May 2025.



Additionally, funds supported the renovation of the Eleanor Frank Multi-purpose center floors, new paint, furniture and a new refrigerator for Frankenmuth, Chesaning, Maple Grove and a new steam table at the Friendship Senior Center.

CHRISTMAS BASKET DRIVE

Letreanna Brooks and another transportation driver (who is now retired) started organizing Christmas baskets for clients in need five years ago. Lee and the other drivers had regular contact with many clients and wanted to do something special to help lift their spirits during the holiday season.

The Christmas baskets have gained momentum over the last several years, with more and more staff asking to donate and get involved. The last two years, COA board members also made contributions, and we even had volunteers donate items towards the baskets. Lee works with staff in the transportation department and Caseworkers for meals on wheels clients to make sure we are reaching those that could benefit the most from some holiday cheer. We had **18** clients receive gift baskets, which items varied, but were filled with gift cards, transportation punch cards, handmade knit scarves/hats, non-perishable food items, personal care items, puzzles, candy, and more! Thank you to Lee and other COA employees, board members, and volunteers who donated. COA is fortunate to have such kind and giving members as a part of our team!



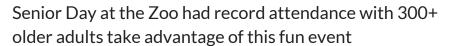




AGENCY SPECIAL EVENTS

Agency special events include: Annual Senior Picnic, Senior Day at the Zoo, Annual Volunteer Luncheon, Foster Grandparent Recognition Luncheon, Caregiver Conference and more!

Thank you to the Saginaw County Parks and Recreation Department for letting Commission on Aging utilize Haithco park for the Annual Senior Picnic and the Saginaw Children's Zoo for providing space and hospitality for Senior Day at the Zoo!



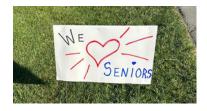




















AGENCY SPECIAL EVENTS

































SOCIAL CONNECTION GRANT KICKOFF

The Meals on Wheels Association of America (MOWAA) awarded a grant in the amount of \$10,000 to support senior technology classes and a friendly caller program. This includes a partnership with Team Texperts (a group with students from Delta, SVSU, and high school grads) as well as new volunteer opportunities to connect isolated seniors with a phone buddy.

SENIOR CENTER ACTIVITY FUND

Thanks to friends at the Wallace and Irene Bronner & Family Charitable Foundation, a Senior Center Activity Fund has been established. The purpose of the fund is to encourage staff to offer creative new activities or programs to attract attendees at local senior centers and expand service offerings that promote overall health and well being for older adults.

CONSUMERS ENERGY PROGRAM

Nine senior centers and the foster grandparent program participated in the Smart Service Program. Consumers energy presented on how to conserve energy and provided a free kit to conserve energy for the older adult to use in their home. Each participating center received \$500 if 50 people attended and were able to choose how to utilize the funds.

CPR/FIRST AID CLASS

Additional ARPA funding was received under Evidence Based/Disease Prevention and Promotion funding. CPR/First Aid Classes were held at Eleanor Frank, South Colony and Maple Grove Senior Centers with a total of 47 participants sign up!



FREELAND SENIOR CENTER RE-LOCATION



In April 2024, the Freeland Senior Center moved to a new location at the Memorial Park building. We appreciate Tittabawassee Township for their continued partnership for seniors in the community.

COMMUNITY PARTNERSHIPS

PUBLIC LIBRARIES OF SAGINAW COUNTY



PUBLIC LIBRARIES A "Book Mobile" program at local senior centers is **OF SAGINAW** offered if in their service area. Participants can sign up for a library card, check out and return books.

PARKINSONS SUPPORT GROUP

Partnership with the Michigan Parkinson Foundation (MPF) to offer support group meetings once per month at the Eleanor Frank Senior Center to educate and provide guidance to those with Parkinson's and related disorders.



STATE OF MICHIGAN

SENIOR PROJECT FRESH



Senior Project Fresh Coupons were distributed to Saginaw County seniors that met income requirements. Each senior received a \$25 coupon book to use on Michigan fruits and vegetables at local participating Farmers Markets.

SECRETARY OF STATE-MOBILE OFFICE

Partnership with the Michigan Secretary of State to offer mobile services at local senior centers.



REGION VII AREA AGENCY ON AGING

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

Collaboration with Region VII Area Agency on Aging to host three (3) employees through the Senior Community Service Employment Program. Staff assist at the Marie Davis and Eleanor Frank Center. There is no local cost (only in-kind for supervision) to support these positions and it greatly assists with agency special projects/programming.

MEDICARE/MEDICAID OPEN ENROLLMENT

Partnered with Region VII Area Agency on Aging's Medicare/Medicaid Assistance Program (MMAP) to offer a series of Medicare introductory presentations and one-on-one help with Medicare Planning. Local senior centers were utilized as "hubs" to meet residents in Saginaw County. This eliminated the burden of residents having to drive to Bay City for an appointment.

COMMUNITY PARTNERSHIPS

YMCA OF SAGINAW

The agency collaborated with the YMCA of Saginaw to host the **HEALTHY LIVING EXPO.** At the event, the senior center was showcased and information about services available in the community provided.

Sample exercise classes were demonstrated at the expo such as strength and stretch.







The YMCA of Saginaw also provides complimentary studio space to host **TAI CHI FOR ARTHRITIS** class two days per week. Class is open to anyone age 60 and better that is registered at the Friendship Center.



SAGINAW VALLEY REHABILITATION CENTER (SVRC)

SVRC Industries, with a job coach and consumer team, partnered to deliver several meals on wheels routes from the Marie E. Davis and Eleanor Frank Senior Centers. Mileage is reimbursed for the length of the route. This past year, four routes were covered by SVRC.



SAGINAW INTERMEDIATE SCHOOL DISTRICT (ISD)

For 6 years, SCCOA has partnered with Saginaw Intermediate School District (ISD)'s Work Based Learning program. The students and teachers have been such a wonderful extension to our team. We would not be able package meals for homebound older adults, in the capacity we do, without their assistance. We are grateful for partners in our community that make the important services provided by our agency possible.



UNITED WAY OF SAGINAW



Partnered to supply incontinence supplies as needed throughout the year. They have helped keep our supply closet stocked and supplies are distributed to clients in need.

COMMUNITY PARTNERSHIPS

SAGINAW VALLEY STATE UNIVERSITY



Foster Grandparent Program partnered with nursing students from SVSU to assist with volunteer physicals

Eleanor Frank and Friendship (YMCA) senior centers partnered with SVSU occupational therapy students to offer Sit & Get Fit Exercise classes.







FOSTER GRANDPARENT PROGRAM SCHOOL PARTNERSHIPS

The program partners with the following schools:

Arthur Eddy Academy Handley Elementary Stone Elementary Jesse Rouse

Jesse Rouse

Kempton Elementary

Merrill Park

Jessie Loomis

Growing Years

Chester Miller

Herig Elementary

Thomas White

Carrollton

Saginaw Prep

International Academy

Saginaw Twp. Community Edu.

Francis Reh Academy

Sherwood Elementary

Washington Elementary (Bay)

Head Start-Valley

Head Start-Claytor

St. Elizabeth Reese

St. Brigid Midland

Coleman Elementary

















SERVICES



ACTIVITY & DINING CENTERS

Includes all meals enjoyed at one of the eleven (11) senior center locations.

1,109 SENIORS DINED IN 36,738 MEALS

CARRY OUT MEALS

Includes all meals enjoyed "to-go" or carry-out style from one of the eleven (11) senior center locations. 496 SENIORS
PICKED UP 14,764
MEALS

MEALS ON WHEELS

A combination of paid delivery drivers and volunteers deliver nutritious, well-balanced meals to those who have difficulty preparing meals or leaving the home. All clients must be screened for eligibility. *Wait list for services since August 2023. *Total number served includes contractual meals provided through A&D, R7 and PACE.

DRIVERS DELIVERED 159,679 MEALS TO 1,110 SENIORS

CAREGIVER/KINSHIP SUPPORT GROUPS

Provides an opportunity for people to share experiences, receive information, receive emotional support and share concerns about their situation. Support group sessions now offered in-person or virtual.

106 PEOPLE JOINED SUPPORT GROUP SESSIONS, PROVIDING 2,397 SERVICE HOURS

CARE MANAGEMENT

A Care Coordinator/Registered Nurse team works in partnership with an older adult to identify needs and coordinate services for nursing home eligible persons.

CARE MANAGEMENT ASSISTED 80 CLIENTS

CASE COORDINATION & SUPPORT (CCS)

A Caseworker works in partnership with an older adult and their family to provide assistance and identify a variety of needs of home bound seniors. CCS ASSISTED 1,120 CLIENTS, TOTALING 6,351 SERVICE HOURS

SERVICES



INFORMATION AND ASSISTANCE

Individuals are provided with information relative to their individual situation, and either served within the program or are given referral information to other community agencies which may be able to meet their needs. 10,890 INDIVIDUALS RECEIVED INFORMATION AND ASSISTANCE

EMERGENCY ASSISTANCE

The Emergency Food Assistance Fund, a grant from FEMA, provides food vouches for low income adults.

24 SENIORS RECEIVED EMERGENCY ASSISTANCE SERVICES

IN-HOME SUPPORT SERVICES

Provides assistance with homemaking, personal care and respite. *Wait list for services since January 2018.

231 SENIORS
RECEIVED 1,528
SERVICE HOURS

FOSTER GRANDPARENT PROGRAM

The agency is the grantee for the federal grant from AmeriCorps Senior and offers volunteer placement to mentor children with exceptional needs. Now offering opportunities in Saginaw, Bay and Midland Counties. 66 VOLUNTEERS
SERVED IN 23 AREA
SCHOOLS GIVING
45,605 HOURS OF
MENTORSHIP TO
204 STUDENTS

TRANSPORTATION

Transportation services are provided for essential nonemergency medical appointments (NEMT) and grocery shopping services. Door-to-door services are provided to those who no longer drive or have few or little choices to obtain transportation services which is especially important to those riders who utilize walkers, canes and/or wheelchairs. This is a high demand service due to lack of availability of public transportation outside the City limits in Saginaw County. 358 CLIENTS WERE TRANSPORTED ON 8,162 ONE-WAY TRIPS TOTALING 150,297 MILES

10,605 CALLS FOR TRANSIT INFORMATION

SERVICES



TAI CHI FOR ARTHRITIS

Classes are held in 6-week sessions at the Eleanor Frank, Friendship and South Colony senior center locations. Grant funding is supported through Evidence-based programs/Disease Prevention and Health Promotion.

156 CLASSES
PROVIDED TO
56 PARTICIPANTS
AT 3 SENIOR CENTER
LOCATIONS

SENIOR PROJECT FRESH

Senior Project Fresh is a program administered by the State of Michigan to encourage consumption of local fresh fruits and vegetables, supporting older adults and local farmers. A \$25 coupon book is available to income eligible adults 60+.

750 INDIVIDUALS
RECEIVED A \$25
COUPON BOOK
SUPPORTING LOCAL
FARMERS WITH
\$18,750

OUTREACH SERVICES

For many older adults, there are barriers that prevent access to available community programs and services. Those barriers, could be lack of adequate income, language, inability to read, or medical conditions that affect the ability to hear or understand. Outreach targets those areas of the County where barriers may be prevalent identifying persons who could benefit from our services.

OUTREACH SERVICES ASSISTED 266 CLIENTS, TOTALING 545 SERVICE HOURS

VOLUNTEER PROGRAMS

Volunteers make many of our programs possible and our volunteers deliver home delivered meals, assist in our senior centers, and help with agency events. Without the services of our volunteers, we could not fund or deliver as many home delivered meals that we do. For many of our homebound seniors, the volunteer is the only person they see each day.

212 VOLUNTEERS PROVIDED 24,198 HOURS OF SERVICE

SAGINAW COUNTY BOARD OF COMMISSIONERS

COMMISSION ON AGING ADVISORY BOARD

MARK PIOTROWSKI

JACK TANY

RICH SPITZER

SHELDON MATTHEWS

TRACEY SLODOWSKI

DENNY HARRIS

JOHN KACZYNSKI

GERALD LITTLE

CHRISTOPHER BOYD

LISA CONEY

MICHAEL WEBSTER

MARY SPEAKER

TAMMY MICHAEL

TOM MCINTYRE

DEANNA NIGL

TERRY CREVIA

JULIA ROHDE

MARTIN WARNICK

EXIE ROBINSON

JANE COLLINS

PRESCILLA ADAMS

DENNIS MORRISON

(ELECTED OFFICIALS IN OFFICE AS OF MAY 15, 2025)