
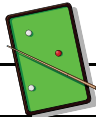









Saginaw County Commission on Aging Senior Centers Event Calendar

November 2009

DAY	CENTER	EVENT
Mondays	Chesaning	10a Pool Practice ~ Call Arlene 989-845-6565
Mon-Wed	Eleanor Frank	"Sit & Get Fit" w/ chair exercises ~ Call Lynn 989-797-6895
Mon-Thurs	West Side Friendship	Mexican Bingo, Regular Bingo & Cards Call Aglae or Ralph 989-797-6896
Mon-Fri	Brady	 Puzzles & Euchre ~ Call Peggy 989-845-7200 
	Marie Davis	Bingo, Cards, Dominos, Exercise, Pool & More! Call Barbara L. 989-758-2441
Mon & Thurs	Bridgeport	Bingo ~ Call Betty 989-777-9460 
	Eleanor Frank	9:30-11a Euchre Tournament ~ 10 Week Tournament Must pre-register ~ Call Lynn 989-797-6895
Mon, Wed, Fri	Hemlock	Bingo & Cards ~ Call Shirley 989-642-2610
Tuesdays	Chesaning	10a Choir; 2-4p Sewing & Friendship Club ~ Call Arlene 989-845-6565
Tues & Thurs	Freeland	12:30p Bingo - Call Chari 989-695-2000
	Maple Grove	 10a-12p Beginners & Advanced Line Dancing Class Call Sue 989-845-7444
	Eleanor Frank	9:30-11a Line Dancing ~ Call Lynn 989-797-6895 
Tues-Thurs	Buena Vista	10-11a Swimming Pool Exercise ~ Call Hattie 989-752-1655
	Buena Vista	12:30p Bingo, Cards & Dominos ~ Call Hattie 989-752-1655
Tues-Thurs	Frankenmuth	10-11:30a Puzzles & Euchre ~ Call Barbara S. 989-652-3430 EXT. 197
Tues & Fri	South Colony	1p Bingo ~ Call Carol 989-790-3289
Wednesdays	Bancroft	 1p Bingo ~ Call Adele 989-753-5556
Wednesdays	Bridgeport	 Euchre ~ Call Betty 989-777-9460
	Frankenmuth	12p Baked Goods Bingo ~ Call Barbara S. 989-652-3430 EXT. 197
	Freeland	12:15p Euchre ~ Call Chari 989-695-2000
	West Side Friendship	Crafts w/ Bertha Menchaca & Rita Ramos Call Aglae or Ralph 989-797-6896 
	Marie Davis	10a Bible Study ~ Call Barbara L. 989-758-2441
Wed & Thurs	Maple Grove	 Progressive Euchre Tournament ~ Call Sue 989-845-7444
Thursdays	Brady	12:15-1p Bingo ~ Call Peggy 989-845-7200
Thursdays	Chesaning	11a Senior Exercise ~ Call Arlene 989-845-6565
(2nd) Thurs	South Colony	9:30a & 11:30a Meal & a Manicure ~ Call Carol 989-790-3289

DATE	CENTER	EVENT
Nutrition Education Healthy Eating: "Nutrition Quackery"		
Monday 2	South Colony	Nutrition Talk & Blood Pressure Checks w/ the Nurse Call Carol 989-790-3289
Tuesday 3	Freeland	Blood Pressure Checks - Call Chari 989-695-2000
Wednesday 4	Bridgeport	11a Nutrition Education w/ Tony Holstine, Saginaw Senior Rehab Call Betty 989-777-9460
	Chesaning	Blood Pressure Checks ~ Call Arlene 989-845-6565
	Frankenmuth	Nutrition Education & Blood Pressure Checks Call Barbara S. 989-652-3430 ext. 197
Thursday 5	Chesaning	10a –12noon Painting w/ Steve Woods ~ Call Arlene 989-845-6565
	Eleanor Frank	Nutrition Education & Blood Pressure Checks ~ Call Lynn 989-797-6895
	Freeland	10a-12noon AARP Driver Safety Class ~ Call Chari 989-695-2000
Friday 6	Bancroft	3p Nutrition Education ~ Call Adele 989-753-5556
	Marie Davis	9-10a Harvest Breakfast ~ Call Barbara L. ~ 989-758-2441
Monday 9	Maple Grove	Craft Class "Christmas Angels" ~ Call Sue 989-845-7444
	Bancroft	11a - 1p ~ Fun Day ~ Call Adele 989-753-5556
	Freeland	10a-12noon AARP Driver Safety Class ~ Call Chari 989-695-2000
Tuesday 10	Westside Friendship	Blood Pressure Checks & Nutrition Education by Shelly Call Punky or Ralph 989-797-6896
Monday 16	Bridgeport	"Help Send Santa to Bagdad" ~ Donate batteries, popcorn, puzzles games, sunblock, toothbrushes, toothpaste ~ To ship overseas Call Betty 989-777-9460
	Hemlock	Nutrition Education ~ Call Shirley 989-642-2610
Wednesday 18	Bridgeport	10:45a Guest Musician, Don Davis ~ Call Betty 989-777-9460
	Buena Vista	Nutrition Education & Blood Pressure Checks w/ Shelly Sherman Call Hattie 989-752-1655
	Chesaning	10a-12noon Thanksgiving Tea Party ~ You may come dressed in Pilgrim attire Call Arlene 989-845-6565
	Eleanor Frank	Special "Cup of Christmas Reading" ~ Everyone will receive a free gift Come & enjoy our money tree ~ Call Lynn 989-797-6895
	South Colony	12:30p M.S.U. Extension, Theresa Young ~ Call Carol 989-790-3289
Thursday 19	Bridgeport	Birthday Celebrations ~ Call Betty 989-777-9460
	Freeland	Celebrate November Birthdays ~ Call Chari 989-695-2000
	Maple Grove	11a Nutrition Ed & Blood Pressure Checks ~ Shelly, Lutheran Home Call Sue 989-845-7444

DATE	CENTER	EVENT
Friday 20	Chesaning	11a Thanksgiving Party & November Birthday Party w/ music, 50/50, pumpkin pie, & Ice Cream ~ Call Arlene 989-845-6565
	Hemlock	Thanksgiving Day Party ~ Call Shirley 989-642-2610
Tuesday 24	Bancroft	3p Nutrition Education ~ Call Adele 989-753-5556
	Brady	Nutrition Education & Blood Pressure Checks by Joann Nixon November Birthday / Thanksgiving Party ~ Call Peggy 989-845-7200
	Freeland	Thanksgiving Bingo ~ Call Chari 989-695-2000
	South Colony	Holiday Pancake Breakfast ~ Call Carol 989-790-3289
	Westside Friendship	Pumpkin Painting Contest ~ Call Aglae or Ralph 989-797-6896
Wednesday 25	Bridgeport	River Junction Poets "Thanksgiving Theme" ~ Call Betty 989-777-9460
	Chesaning	11:30a "What are you Thankful for this Thanksgiving" & Nutrition Education Day ~ Call Arlene 989-845-6565
	Frankenmuth	Thanksgiving Celebration ~ Call Barbara S. 989-652-3430 Ext, 197
	Maple Grove	Thanksgiving Celebration ~ Bring a new friend to share Thanksgiving Dinner Call Sue 989-845-7444
	Marie Davis	Happy Birthday "November" ~ Call Barbara K. 989-758-2441



Saginaw County Commission On Aging ~ Senior Centers

BANCROFT 989-753-5556

107 S. Washington, Saginaw, MI 48607
Mon-Fri 10AM-4PM
Center Manager - Adele Johnson

BRADY 989-845-7200

16020 Peet, Oakley, MI 48649
Mon-Fri 10AM-1:30PM
Center Manager - Peggy Engler

BRIDGEPORT 989-777-9460

3670 Southfield, Saginaw, MI 48601
Mon, Wed, Thurs 10:30AM-1:30PM
Center Manager - Betty Marx

BUENA VISTA 989-752-1655

1940 S. Outer Drive, Saginaw, MI 48601
Tues, Wed, Thurs 10AM-2PM
Center Manager - Hattie Ray

CHESANING 989-845-6565

Young at Heart Club

218 Church, Chesaning, MI 48616
Mon-Fri 10AM-2PM
Center Manager - Arlene Hemgesberg

ELEANOR FRANK 989-797-6895

2355 Schust Road, Saginaw, MI 48603
Mon-Fri 8:30AM-2:30PM Tues 4:30PM-7PM
Center Manager - Lynn Seelye

FRANKENMUTH 989-652-3430 EXT.197

240 W. Genesee, Frankenmuth, MI 48734
Tues, Wed, Thurs 10AM-2PM
Center Manager - Barbara Schroeder

FREELAND 989-695-2000

5690 Midland Road, Freeland, MI 48623
Tues, Wed, Thurs 10AM-2PM
Center Manager - Chari Dodge

HEMLOCK 989-642-2610

218 S. Elm, Hemlock, MI 48623
Mon, Wed, Fri 10AM-2PM
Center Manager - Shirley Dunbar

MAPLE GROVE 989-845-7444

4017 Peet, Chesaning, MI 48616
Mon-Fri 9:30AM-2:30PM
Center Manager - Sue Quaderer

MARIE DAVIS 989-758-2441

233 N. 2nd, Saginaw, MI 48607
Mon-Fri 9AM-3PM
Center Manager - Barbara Kemp-Lauria

SOUTH COLONY 989-790-3289

180 S. Colony, Saginaw, MI 48603
Mon-Fri 10:30AM-1:30PM
Center Manager - Carol Zarembo

WESTSIDE FRIENDSHIP 989-797-6896

2112 W. Genesee, Saginaw, MI 48602
Mon-Fri 9AM-3PM
Center Managers- Aglae Lazzaro/ Ralph Torres

COMMISSION ON AGING

MAIN OFFICE.....989-797-6880

FAX.....989-797-6882

TRANSPORTATION....989-797-6888

TOLL-FREE.....1-866-763-6336