

December 2016

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p align="center">Suggested Donation: \$2.25 Call 989-797-6880 for details Meals Menu subject to change without notice</p> | | | <p align="right">1</p> BBQ Chicken Quarter 9 Macaroni & Cheese 21 Italian Blend 8 Fruit Cocktail 16 Dinner Roll 16 Fat Free White Milk 13 | <p align="right">2</p> Roast Pork w/ gravy 1 Mashed Potatoes 19 Green Peas 12 Molded Cranberry Fruit Salad 36 Dinner Roll 16 Chocolate Milk |
| <p align="right">5</p> Stuffed Green Pepper 16 Sicilian Blend Vegetables 7 Fruit & Cottage Cheese 26 Dinner Roll 16 Fat Free White Milk 13 | <p align="right">6</p> Chicken w/gravy 5 Potatoes Continental 19 Vegetable Medley 10 Fruit Medley 13 Whole Wheat Bread 19 Chocolate Milk 20 | <p align="right">7</p> Braised Beef w/ onions & peppers 5 Egg Noodles 19 Caribbean Blend Vegetables 6 Peaches 14 Multigrain Dinner Roll 24 Fat Free White Milk 13 | <p align="right">8</p> Spanish Rice & Ground Beef 79 Refried Beans 21 Mandarin Oranges 13 Mini Cinnamon Roll 18 Chocolate Milk 20 | <p align="right">9</p> Sliced Ham 0 Maple Glazed Sweet Potatoes 33 Winterblend Vegetables 5 Pineapple Tidbits 20 Hawaiian Roll 19 Fat Free White Milk 13 |
| <p align="right">12</p> Beef Dippers 8 Au gratin Potato 31 Mixed Vegetables 15 Peaches & Pears 14 Whole Wheat Bread 19 Chocolate Milk 20 | <p align="right">13</p> Vegetable Lasagna 30 Corn 27 Tossed Salad 3 Mixed Fruit Salad 8 Garlic Bread 19 Chocolate Milk 20 | <p align="right">14</p> Roast Beef w/ gravy 6 Mashed Potatoes 19 Peas & Pearl Onions 11 Apple Pie 59 Dinner Roll 16 Chocolate Milk 20 | <p align="right">15</p> Chicken Cordon Blue 16 Diced Redskin Potatoes 12 Herbed Green Beans 6 Plums 17 Multigrain Dinner Roll 24 Fat Free White Milk 13 | <p align="right">16</p> Beef Tips 3 Brown Rice 17 California Blend Vegetables 7 Pineapple Orange Delight 36 Dinner Roll 16 Chocolate Milk 20 |
| <p align="right">19</p> Pork Chop 0 Potatoes w/ onions 13 Cabbage & Carrots 9 Tropical Fruit 22 Multi-grain Dinner Roll 24 Fat Free White Milk 13 | <p align="right">20</p> Meatloaf Pie 29 Prince Charles 6 Apples w/ raisins & nuts 16 Dinner Roll 16 Fat Free White Milk 13 | <p align="right">21</p> Chicken Sandwich 31 Sliced Potatoes 21 Creamy Coleslaw 15 Peaches 14 Fat Free White Milk 13 | <p align="right">22</p> Beer Battered Cod 15 Rice Pilaf w/ mushroom 21 Kyoto Blend Vegetables 10 Fruit cup 16 Whole Wheat Bread 19 Fat Free White Milk 13 | <p>Closed in Observance of Christmas Eve Day</p> |
| <p>Closed in Observance of Christmas Day</p> | <p align="right">27</p> Omelet 3 Turkey Sausage Patty 1 Diced Redskin Potato 12 Orange 11 English Muffin 23 Fat Free White Milk 13 | <p align="right">28</p> Chicken Noodle Casserole 38 Green Beans w/basil 7 Buttermilk Biscuit 26 Sliced Pears 14 Fat Free White Milk 13 | <p align="right">29</p> Meatballs w/gravy 16 Mashed Potatoes 19 Mixed Vegetables 15 Applesauce 12 Dinner Roll 20 Fat Free White Milk 13 | <p>Closed in Observance of New Year's Eve Day</p> |

Grams of Carbohydrates: 15 grams = 1 carb exchange. All menus are prepared with no added salt and a maximum average of 1200mg sodium per meal. Menu items may be cooked and/or come into contact with the following food allergen products such as eggs, milk, wheat, fish or peanut products.